

Daily Activities to Target Speech, Language, and Pre-linguistic/Play Skills

The best time to stimulate your child's speech and language development is during regular daily activities. Some activities can be used for any age, but other activities are only appropriate for certain age ranges. For example, bottle feeding is an ideal daily activity when working with an infant, but it is not appropriate for a two-year-old. Pretend play activities with toy people or tools are appropriate for older children but not infants. This list will give you some ideas of daily activities you can use to develop communication skills.

(Note to SLP: Work with the caregiver to choose an activity from the list. Then fill in the form on the next page. See pages 164–185 for a completed sample targeting bath time.)

bath time	grocery shopping	playing with toys
bedtime	nap time	• animals (stuffed, plastic)
bottle feeding	playground/swing set	• baby doll
brushing hair	playing with pets	• ball
brushing teeth	potty/toilet training	• blocks
changing diapers	preparing lunch	• bubbles
cleaning up toys	putting on makeup	• cars
cooking	reading books	• dishes
doing laundry	riding in a car	• fishing pole (plastic)
eating	riding toys (bikes, wagons)	• Mr. Potato Head
gardening	taking walks	• people
getting dressed	watching movies/television	• play food
		• puzzles
		• Slinky
		• tools (plastic)
		• train